



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 09212, Orange juice, frozen concentrate, unsweetened, diluted with 3 volume water, with added calcium

Report Date: June 30, 2017 15:59 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	90.07	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Energy	kcal	37	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Energy	kJ	154	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Protein	g	0.60	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Total lipid (fat)	g	0.06	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Ash	g	0.81	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Carbohydrate, by difference	g	8.47	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Fiber, total dietary	g	0.2	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Sugars, total	g	7.42	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Starch	g	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
Minerals													
Calcium, Ca	mg	147	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
Iron, Fe	mg	0.08	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
Magnesium, Mg	mg	10	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
Phosphorus, P	mg	78	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
Potassium, K	mg	158	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sodium, Na	mg	4	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
Zinc, Zn	mg	0.04	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
Copper, Cu	mg	0.021	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
Selenium, Se	µg	0.1	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Fluoride, F	µg	65.7	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
Vitamins													
Vitamin C, total ascorbic acid	mg	36.2	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Thiamin	mg	0.069	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Riboflavin	mg	0.044	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Niacin	mg	0.273	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Vitamin B-6	mg	0.065	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Folate, total	µg	19	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Folic acid	µg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Folate, food	µg	19	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Folate, DFE	µg	19	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Choline, total	mg	5.0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Vitamin A, RAE	µg	3	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
Retinol	µg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Carotene, beta	µg	13	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Carotene, alpha	µg	5	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Cryptoxanthin, beta	µg	48	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Vitamin A, IU	IU	66	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Lycopene	µg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Lutein + zeaxanthin	µg	83	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Vitamin E (alpha-tocopherol)	mg	0.15	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Vitamin K (phylloquinone)	µg	0.1	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Lipids													
Fatty acids, total saturated	g	0.015	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015

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8:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
10:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
12:0	g	0.001	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
14:0	g	0.001	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
16:0	g	0.011	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
18:0	g	0.002	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
Fatty acids, total monounsaturated	g	0.012	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
14:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
16:1 undifferentiated	g	0.002	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
18:1 undifferentiated	g	0.011	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
24:1 c	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
Fatty acids, total polyunsaturated	g	0.016	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
18:2 undifferentiated	g	0.012	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
18:3 undifferentiated	g	0.004	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2015
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015

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Cholesterol	mg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Other													
Caffeine	mg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015
Other													
Theobromine	mg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	02/2015